



## Pacific West Panko Coated Squid Calamari Rings 700g

### Product Images



## Additional Information

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Brand	Pacific West
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## Storage

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Temperature	Frozen
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## Ingredients

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Ingredients	Squid ( <b>Molluscs</b> ) (Ommastrephes Bartami - Caught in Northwest Pacific Ocean) (60%) Breadcrumb (20%) [ <b>Wheat</b> Flour, Palm Oil, Sugar, Salt] Batter (20%) [ <b>Wheat</b> Flour, Water, Thickeners (E1404, E1420), Sugar, Garlic, Raising Agents (E450, E500), Pepper, <b>Soya</b> Sauce Powder ( <b>Soya</b> Bean, Salt, <b>Wheat</b> Flour, Water), Salt, Yeast Extract, <b>Celery</b> , <b>Soy</b> Flour]
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## Allergens

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Celery	No
Gluten	Yes
Crustacea	May Contain
Eggs	No
Fish	May Contain
Lupin	No
Milk	May Contain
Molluscs	Yes
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soya	May Contain
Sulphites	No

## Dietary Information

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Approved for a Halal	Yes
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan	No
Suitable for a Vegetarian	No

## Nutritional Information

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Carbs per 100g (g)	20.4 g
Carbs of which Sugars per 100g (g)	3.1 g
Fat per 100g (g)	1.1 g
Fat of which Saturates per 100g (g)	0.6 g
Fibre per 100g	1 g
Energy per 100g (kcal)	123 kcal
Energy per 100g (kJ)	520 kJ
Protein per 100g (g)	7.3 g
Salt per 100g (g)	0.5 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.