



Middleton's Gluten Free Plain Flour 3kg

Product Images



Additional Information

Brand	Middleton's
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Storage

Temperature	Ambient
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Ingredients

Ingredients	Rice Flour, Tapioca Starch, Potato Starch, Maize Starch, Buckwheat Flour.
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Allergens

Celery	No
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Gluten	No
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Crustacea	No
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Eggs	No
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Fish	No
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Lupin	No
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Milk	No
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Molluscs	No
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Mustard	No
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Nuts	No
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Peanuts	No
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Sesame	No
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Soya	No
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Sulphites	No
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Dietary Information

Approved for a Halal	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan	Yes
Suitable for a Vegetarian	Yes

Nutritional Information

Carbs per 100g (g)	81 g
Carbs of which Sugars per 100g (g)	0.1 g
Fat per 100g (g)	0.7 g
Fat of which Saturates per 100g (g)	0.2 g
Fibre per 100g	8 g
Energy per 100g (kcal)	351 kcal
Energy per 100g (kJ)	1490 kJ
Protein per 100g (g)	5.3 g
Salt per 100g (g)	0 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.