



Single Serve Flatbread 80g (30 Pack)

Product Images



Additional Information

Brand	Central Foods
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Storage

Temperature	Frozen
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Ingredients

Ingredients	WHEAT Flour (Fortified with Calcium, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Sugar, Yeast, Salt.
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Allergens

Celery	No
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Gluten	Yes
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Crustacea	No
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Eggs	No
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Fish	No
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Lupin	No
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Milk	No
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Molluscs	No
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Mustard	No
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Nuts	No
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Peanuts	No
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Sesame	No
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Soya	No
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Sulphites	No
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Dietary Information

Approved for a Halal	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan	Yes
Suitable for a Vegetarian	Yes

Nutritional Information

Carbs per 100g (g)	54.2 g
Carbs of which Sugars per 100g (g)	1.1 g
Fat per 100g (g)	9.3 g
Fat of which Saturates per 100g (g)	0.8 g
Fibre per 100g	2.4 g
Energy per 100g (kcal)	336 kcal
Energy per 100g (kJ)	1417 kJ
Protein per 100g (g)	7.9 g
Salt per 100g (g)	0.56 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.