



Cajun Spice Gluten Free Sweet Potato Roulade 195g (16 Pack)

Product Images



Additional Information

Brand	Central Foods
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Storage

Temperature	Frozen
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Ingredients

Ingredients	Water, Gluten-Free Self Raising Flour (Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat), Raising Agents (Mono-Calcium Phosphate, Sodium Bicarbonate), Thickener (Xanthan Gum)), Coconut Preparations (14%) (Water, Coconut Oil, Stabilisers (Potato Starch, Maize Starch, Modified Potato Starch, Carob Bean Gum, Acacia Gum), Coconut Cream, Salt, Calcium Phosphate, Acidity Regulator (Citric Acid), Maltodextrin, Colour (Carrot Concentrate), Natural Flavouring (Vitamin D2, Vitamin B12)), Sweet Potato (11%), Caster Sugar, Red Peppers, Chopped Tomatoes (Tomatoes, Tomato Juice, Citric Acid), Gluten-Free Suet (Non Hydrogenated Vegetable Oils (Palm, Sunflower), Rice Flour), Red Wine Vinegar, Red Onion, Chia Seeds, Modified Maize Starch, Cajun Spice (1%) (Salt, Maltodextrin, Red Bell Pepper, Cayenne Pepper, Chilli Powder, Garlic Powder, Coriander, Oregano, Pimento, Cardamom, Ginger, Black Pepper, Cumin, Fennel, White Pepper, Flavouring Substance, MUSTARD Powder, Yeast Extract, Colour (Paprika Oleoresin), Sage, Thyme, Rapeseed Oil, Anti-Caking Agent (Silicium Dioxide)), Chives, Garlic, Oil Pomace Blend (Olive Oil Pomace, Rapeseed Oil), Oregano, Tabasco (Distilled Vinegar, Red Pepper, Salt), Smoked Paprika, Salt.
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Allergens

Celery	No
Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No
Mustard	Yes
Nuts	May Contain
Peanuts	No
Sesame	No
Soya	No
Sulphites	No

Dietary Information

Approved for a Halal	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	No
Suitable for a Vegan	Yes
Suitable for a Vegetarian	Yes

Nutritional Information

Carbs per 100g (g)	24 g
Carbs of which Sugars per 100g (g)	7.7 g
Fat per 100g (g)	8 g
Fat of which Saturates per 100g (g)	4.9 g
Fibre per 100g	1.8 g
Energy per 100g (kcal)	177 kcal
Energy per 100g (kJ)	739 kJ
Protein per 100g (g)	1.7 g
Salt per 100g (g)	0.66 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.