



## Proper Cornish Vegan Pasty 283g (20 Pack)

### Product Images



## Additional Information

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Brand

Proper Cornish

## Storage

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Temperature

Frozen

## Ingredients

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Ingredients

WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Potato, Vegetable Margarine (Vegetable Oils And Fats [Palm], Water, Salt, Lemon Juice), Water, Vegan Mince (9%) (Water, SOYA Protein Concentrate, SOYA Protein Isolate, Rapeseed Oil, Pea Protein, Shea Oil, Coconut Oil, Chicory Root Fibre, Thickener (Methyl Cellulose), Caramelised Carrot Concentrate, Carrot Fibre, Rice Protein, Vegetable And Fruit Extracts (Beetroot, Radish, Tomato), Yeast Extracts, Flavouring, Carrot Concentrate, Emulsifier (SOYA Lecithin), Antioxidant (Ascorbic Acid), Salt, Vitamins And Minerals (Niacin, Zinc, Iron, Vitamin B6, Vitamin B2, Vitamin B1, Vitamin B12)), Swede, Onion, White Shortening (Vegetable Oils And Fats [Palm, Rapeseed], Water, Salt, Lemon Juice), Salt, Gravy Powder (Corn Flour, Demerara Sugar, Yeast Extracts (Contains Salt, Glucose), Salt, BARLEY Malt Extract, Onion Powder, Carrot Powder, Spice (White Pepper), Acidifier (Sodium Acetate), Spice Extract (Pepper), Onion Extract), Cornflour, Yeast Extract (Yeast Extract, Salt), Vegan Glaze (Tapioca Dextrin, Dextrose), Black Pepper, White Pepper

## Allergens

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Celery	No
Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soya	Yes
Sulphites	No

## Dietary Information

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Approved for a Halal	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan	Yes
Suitable for a Vegetarian	Yes

## Nutritional Information

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Carbs per 100g (g)	29.4 g
Carbs of which Sugars per 100g (g)	1.3 g
Fat per 100g (g)	11.8 g
Fat of which Saturates per 100g (g)	5.9 g
Fibre per 100g	2.3 g
Energy per 100g (kcal)	241 kcal
Energy per 100g (kJ)	1008 kJ
Protein per 100g (g)	5.51 g
Salt per 100g (g)	0.95 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.