



Nestle GoFree Crisp Rice Cereal 350g

Product Images



Additional Information

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Storage

Ambient

Ingredients

Ingredients	rice, sugar, salt, sugar syrup (sugar, invert sugar syrup, molasses), iron, vitamin B3, B5, B9, B6, B2.
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Allergens

Dietary Information

Approved for a Halal	No
Approved for a Kosher Diet	Yes
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	No
Suitable for a Vegan	No
Suitable for a Vegetarian	Yes

Nutritional Information

Carbs per 100g (g)	86 g
Carbs of which Sugars per 100g (g)	9.5 g
Fat per 100g (g)	1.2 g
Fat of which Saturates per 100g (g)	0.4 g
Fibre per 100g	1.6 g
Energy per 100g (kcal)	390 kcal
Energy per 100g (kJ)	1657 kJ
Protein per 100g (g)	7.6 g
Salt per 100g (g)	0.6 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.